

Southwest Conference Championship - 5/17/2007

Pipestone
Results

(Girls Pole Vault)

Name	School	Finals
5 Graupmann, Rachel	Marshall	7-06.00 3.5
5 Ruby, Bethany	Jackson Coun	7-06.00 3.5
7 Sanow, Emily	Marshall	J7-06.00 2
8 Kolander, Ashley	Marshall	J7-06.00 1
9 Rutt, Natalie	Jackson Coun	J7-06.00
9 Serbus, Samantha	Redwood Vall	J7-06.00
11 Potter, Alex	Windom Area	7-00.00
12 Dudley, Ellen	Worthington	6-06.00

Girls Long Jump

Name	School	Finals
1 Darling, Amanda	Jackson Coun	16-01.00 10
2 LaMaack, Maggie	Windom Area	15-11.75 8
3 Larson, Brenna	Redwood Vall	15-07.25 6
4 Peters, Suze	Worthington	15-04.50 5
5 Woelber, Bree	Pipestone Ar	15-03.75 4
6 Spanier, Kayla	Pipestone Ar	15-03.50 3
7 Hoiland, Erin	Luverne	14-11.00 2
8 Sawtelle, Katlyn	Luverne	14-10.50 1
9 Morrow, Janna	Worthington	14-07.00
10 Elston, Lindsey	Windom Area	14-03.75
11 Vander Veen, Kayla	Worthington	13-06.50
11 Elbers, Abby	Luverne	13-06.50
13 Garrison, Chelsea	Windom Area	13-05.25
14 Malecek, Abby	Redwood Vall	13-03.75
15 Kontz, Whitney	Marshall	13-01.25
16 Kanne, Meg	Redwood Vall	12-08.00
17 Hart, Liana	Marshall	12-06.00
18 Steffen, Tracy	Jackson Coun	12-02.00
18 Oakland, Alaina	Marshall	12-02.00
20 Steenstra, Riley	Pipestone Ar	11-07.00

Girls Triple Jump

Name	School	Finals
1 Cham, Sarah	Worthington	35-06.25 10
2 Elston, Lindsey	Windom Area	34-10.50 8
3 U'Ren, Naomi	Redwood Vall	34-08.25 6
4 LaMaack, Maggie	Windom Area	33-04.75 5
5 Christianson, Alyssa	Marshall	32-10.00 4
6 Stegenga, Alyssa	Luverne	32-08.75 3
7 Kocourek, Steph	Pipestone Ar	32-03.25 2
8 Petterson, Alyssa	Pipestone Ar	31-08.50 1
9 Stevens, Angie	Pipestone Ar	31-07.25
10 Elbers, Abby	Luverne	30-08.75
11 Buysse, Megan	Redwood Vall	30-05.75
12 Buysse, Evan	Redwood Vall	30-05.00
13 Mammen, Jenny	Worthington	29-07.00
14 Russell, Katy	Worthington	29-06.00
15 Geraets, Kate	Marshall	27-10.25

Girls Shot Put

Name	School	Finals
1 Johnson, Brita	Marshall	37-07.75 10
2 Nepp, Christy	Windom Area	37-06.00 8
3 Donkersloot, Jenna	Worthington	37-03.75 6

4 Onken, Jess	Marshall	35-03.00 5
5 Hillard, Amanda	Pipestone Ar	34-04.00 4
6 Salas, Yolanda	Worthington	33-10.00 3
7 Sawtelle, Callan	Luverne	33-09.00 2
8 Fenicle, Gina	Pipestone Ar	32-04.25 1
9 Solie, Taylor	Redwood Vall	32-00.25
10 Nelson, Alyssa	Jackson Coun	31-09.00
11 Donkersloot, Jessica	Worthington	31-04.50
12 Ruby, Kateyan	Jackson Coun	31-03.50
13 Morales, Alicia	Marshall	31-00.00
14 Sumption, Trisha	Pipestone Ar	30-08.00
15 Norby, Alicia	Windom Area	30-05.25
16 Fransen, Tracy	Jackson Coun	28-07.00
17 Kor, LaRae	Luverne	27-07.50
18 Sussner, Samantha	Redwood Vall	25-10.00
19 Moret, Kylie	Windom Area	25-03.00
20 Kruger, Kayla	Luverne	24-02.00
21 Blain, Micah	Redwood Vall	23-06.50

Girls Discus Throw

Name	School	Finals
1 Onken, Jess	Marshall	130-04 10
2 Johnson, Brita	Marshall	127-07 8
3 Nepp, Christy	Windom Area	121-11 6
4 Hillard, Amanda	Pipestone Ar	112-06 5
5 Sumption, Trisha	Pipestone Ar	108-09 4
6 Sawtelle, Callan	Luverne	100-02 3
7 Donkersloot, Jessica	Worthington	99-03 2
8 Donkersloot, Jenna	Worthington	90-09 1
9 Vogt, Brittany	Luverne	89-10
10 Rabenberg, Beth	Worthington	89-09
11 Kremmin, Hollie	Windom Area	88-02
12 Kor, LaRae	Luverne	82-09
13 Fransen, Tracy	Jackson Coun	80-00
14 Solie, Taylor	Redwood Vall	79-11
15 Blain, Micah	Redwood Vall	79-00
16 Norby, Alicia	Windom Area	78-10
17 Nelson, Alyssa	Jackson Coun	78-06
18 Sussner, Samantha	Redwood Vall	74-08
19 Zander, Katie	Marshall	73-03
20 Mosley, Lacie	Jackson Coun	70-08
21 Fenicle, Gina	Pipestone Ar	70-03

Boys 100 Meter Dash

Name	School	Finals
1 Kulawig, Daniel	Marshall	12.27 10
2 Messer, Nick	Redwood Vall	12.41 8
3 Bofferding, Sam	Marshall	12.42 6
4 Van Aartson, Mark	Luverne	12.60 5
5 Melton, Neal	Worthington	12.61 4
6 Gleisner, Steve	Redwood Vall	12.87 2.5
6 Cooper, Colin	Pipestone Ar	12.87 2.5
8 Farringer, Bryce	Redwood Vall	12.91 1
9 Rutt, Travis	Jackson Coun	12.95
10 Lohse, Brett	Windom Area	12.96
11 Xaisongkham, CJ	Luverne	13.04

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Results**(Boys 100 Meter Dash)**

Name	School	Finals
12 Vis, Casey	Worthington	13.20
13 Ebbers, Adam	Worthington	13.75
14 Bauman, Hayden	Luverne	13.81
15 Venapusala, Ron	Windom Area	14.04
16 Chapman, Tyler	Jackson Coun	14.06
16 Walters, Aaron	Pipestone Ar	14.06
18 Johnson, James	Windom Area	14.46
19 Dowd, Andrew	Jackson Coun	14.51
20 Lokken, Aaron	Marshall	14.56

Boys 200 Meter Dash

Name	School	Finals
1 Bofferding, Sam	Marshall	23.84 10
2 Kulawig, Daniel	Marshall	24.30 8
3 Uphoff, Ben	Luverne	24.63 6
4 Bucholz, Nick	Redwood Vall	24.94 5
5 Melton, Neal	Worthington	25.39 4
6 Farringer, Bryce	Redwood Vall	25.57 3
7 Remmele, Nate	Redwood Vall	25.60 2
8 Schwalbach, Dillon	Windom Area	25.88 1
9 Vis, Casey	Worthington	26.10
10 Rutt, Travis	Jackson Coun	26.19
11 Westebur, Brian	Pipestone Ar	26.36
12 Quiring, Bryce	Windom Area	26.99
13 Xaisongkham, BG	Luverne	27.26
14 Roy, Greg	Marshall	27.39
15 Landberg, Ryan	Worthington	27.47
16 Walters, Aaron	Pipestone Ar	27.84
17 Venapusala, Ron	Windom Area	28.51
18 Graupmann, Taylor	Jackson Coun	29.16
19 Purdin, Jared	Pipestone Ar	29.47
20 Dowd, Andrew	Jackson Coun	30.06
21 Swanson, Codie	Luverne	31.01

Boys 400 Meter Dash

Name	School	Finals
1 Bofferding, Sam	Marshall	52.38 10
2 Pedersen, Travis	Worthington	52.47 8
3 Hodgson, Nicolas	Redwood Vall	54.54 6
4 Hernandez, Gabriel	Marshall	56.41 5
5 Tinklenberg, Luke	Pipestone Ar	56.94 4
6 Schroeder, John	Redwood Vall	57.05 3
7 Myers, Brady	Redwood Vall	57.52 2
8 Deutz, Dereck	Marshall	57.53 1
9 Rick, Tyler	Worthington	57.65
10 Muller, Greg	Luverne	1:01.39
11 Schultz, Aaron	Worthington	1:01.50
12 Xaisongkham, BG	Luverne	1:02.00
13 Purdin, Jared	Pipestone Ar	1:03.36
14 Graupmann, Taylor	Jackson Coun	1:04.74
15 Johnson, James	Windom Area	1:05.34

Boys 800 Meter Run

Name	School	Finals
1 Omot, Aduo	Worthington	2:05.41 10

2 Felt, Michael	Redwood Vall	2:06.91 8
3 Wyffels, Ian	Marshall	2:14.30 6
4 Wellnitz, Dusty	Redwood Vall	2:16.38 5
5 Steffen, David	Pipestone Ar	2:17.75 4
6 Wright, Dugan	Redwood Vall	2:18.43 3
7 Ternes, Jacob	Marshall	2:20.88 2
8 Zaske, Tom	Worthington	2:22.84 1
9 Woodley, Eric	Luverne	2:28.05
10 Schultz, Tyler	Jackson Coun	2:30.13
11 Troe, Jon	Jackson Coun	2:30.38
12 Farrell, Mike	Windom Area	2:37.95
13 Enno, Ron	Marshall	2:38.91
14 Oehlerts, Matt	Luverne	2:42.17
15 Sorenson, Michael	Jackson Coun	2:44.61
16 Syphokham, Matt	Luverne	2:55.65

Boys 1600 Meter Run

Name	School	Finals
1 Peters, Justin	Redwood Vall	4:40.16 10
2 Byrnes, Brian	Marshall	4:59.31 8
3 Ortega, Felipe	Worthington	4:59.77 6
4 Ossefoort, Cody	Pipestone Ar	5:01.46 5
5 Strom, Marc	Jackson Coun	5:08.25 4
6 Remmele, Kevin	Redwood Vall	5:14.18 3
7 Stahl, Tyler	Marshall	5:14.25 2
8 Fischer, Colin	Jackson Coun	5:27.32 1
9 Hodgson, Kris	Redwood Vall	5:34.77
10 Hendrickson, Samuel	Jackson Coun	5:40.31
11 Farrell, Mike	Windom Area	5:41.11
12 Patten, Michael	Worthington	5:43.67
13 Myrom, Alex	Worthington	5:55.40
14 Stensland-Bos, Nathan	Luverne	6:05.27
15 VanOverbeke, Zack	Marshall	6:09.64
16 Syphokham, Matt	Luverne	6:30.65

Boys 3200 Meter Run

Name	School	Finals
1 Bongard, Anthony	Redwood Vall	10:29.26 10
2 Salfer, Cole	Marshall	11:08.78 8
3 Kocak, Matthew	Jackson Coun	11:10.91 6
4 Kerkhoff, Dusty	Redwood Vall	11:18.75 5
5 Stahl, Tyler	Marshall	11:21.93 4
6 Juber, Brian	Worthington	11:24.90 3
7 Johnson, Bo	Pipestone Ar	11:39.17 2
8 Hillger, Michael	Redwood Vall	12:30.40 1
9 Fields, Aaron	Jackson Coun	12:46.92
10 Willet, Mike	Marshall	13:33.94
11 Velasco, Elmer	Worthington	13:39.10

Boys 110 Meter Hurdles

Name	School	Finals
1 Uphoff, Ben	Luverne	16.23 10
2 Kooiker, Brian	Pipestone Ar	17.99 8
3 Sanchez, Thomas	Redwood Vall	18.33 6
4 Berger, Brandon	Worthington	19.08 5
5 Marron, Sean	Marshall	19.17 4
6 Novosad, Jacob	Marshall	19.25 3

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(Boys 110 Meter Hurdles)

Name	School	Finals
7 LaMaack, Jesse	Windom Area	19.41 2
8 Krekelberg, Ian	Worthington	19.42 1
9 Houselog, Zach	Worthington	19.51
10 Wiens, Aaron	Windom Area	20.02
11 Parivudhiphongs, Fah	Marshall	20.45
12 Boyer, Jacob	Jackson Coun	21.09
13 Schultz, Nathan	Jackson Coun	21.18
14 Sorenson, Michael	Jackson Coun	25.96

Boys 300 Meter Hurdles

Name	School	Finals
1 Uphoff, Ben	Luverne	42.35 10
2 Sanchez, Thomas	Redwood Vall	45.99 8
3 Kooiker, Brian	Pipestone Ar	47.05 6
4 Parivudhiphongs, Fah	Marshall	47.11 5
5 LaMaack, Jesse	Windom Area	47.33 4
6 Marron, Sean	Marshall	47.48 3
7 Novosad, Jacob	Marshall	47.79 2
8 Wiens, Aaron	Windom Area	49.29 1
9 Houselog, Zach	Worthington	49.56
10 Krekelberg, Ian	Worthington	51.45
11 Gewerth, Travis	Redwood Vall	53.66
12 Boyer, Jacob	Jackson Coun	54.44

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Redwood Valley		46.69 10
2 Luverne		48.56 8
3 Pipestone Area		48.97 6
4 Worthington		49.46 5
5 Windom Area		49.77 4
6 Marshall		53.48 3

Boys 4x200 Meter Relay

Team	Relay	Finals
1 Worthington		1:34.63 10
2 Redwood Valley		1:36.36 8
3 Pipestone Area		1:41.59 6
4 Luverne		1:41.82 5
5 Jackson Coun		1:43.64 4
6 Windom Area		1:51.32 3
7 Marshall		1:51.82 2

Boys 4x400 Meter Relay

Team	Relay	Finals
1 Worthington		3:38.70 10
2 Redwood Valley		3:39.27 8
3 Marshall		3:42.89 6
4 Pipestone Area		3:43.55 5
5 Jackson Coun		4:01.51 4
6 Luverne		4:06.80 3

Boys 4x800 Meter Relay

Team	Relay	Finals
1 Redwood Valley		8:32.30 10
2 Marshall		9:03.52 8

3 Worthington	9:21.49 6
4 Jackson Coun	9:39.03 5
5 Luverne	10:18.22 4

Boys High Jump

Name	School	Finals
1 Pendleton, Kevin	Redwood Vall	5-10.00 10
2 Steffen, David	Pipestone Ar	J5-10.00 8
3 Remmele, Nate	Redwood Vall	5-08.00 6
4 Rick, Tyler	Worthington	5-06.00 5
5 Stark, Eric	Pipestone Ar	J5-06.00 4
6 Hodgson, Nicolas	Redwood Vall	5-04.00 3
7 Tinklenberg, Luke	Pipestone Ar	5-02.00 2
8 Woodley, Eric	Luverne	J5-02.00 1
9 Steensma, Dakota	Luverne	J5-02.00
9 Johnson, Mike	Windom Area	J5-02.00
9 Cable, Blake	Marshall	J5-02.00

Boys Pole Vault

Name	School	Finals
1 Von Ohlen, Cole	Jackson Coun	12-00.00 10
2 Juell, Tandy	Redwood Vall	11-06.00 8
3 Schwalbach, Dillon	Windom Area	11-00.00 6
4 Mertens, Austin	Redwood Vall	10-06.00 5
5 Pham, Dennis	Worthington	9-06.00 4
6 Bargfrede, Sterling	Jackson Coun	J9-06.00 3
7 Swoboda, Brandon	Redwood Vall	J9-06.00 2
8 West, Stuart	Marshall	J9-06.00 1
9 Nelson, Devin	Luverne	9-00.00
9 Regalado, Jesse	Worthington	9-00.00
11 Chapman, Tyler	Jackson Coun	8-06.00
12 Dickey, Joe	Worthington	8-00.00
13 Guthrie, Matt	Marshall	7-06.00
14 Muller, Greg	Luverne	7-00.00

Boys Long Jump

Name	School	Finals
1 Tinklenberg, Luke	Pipestone Ar	19-09.25 10
2 Bofferding, Sam	Marshall	19-03.00 8
3 Messer, Nick	Redwood Vall	18-11.50 6
4 Mead, John	Worthington	18-09.25 5
5 Schroeder, John	Redwood Vall	18-03.75 4
6 Novosad, Jacob	Marshall	17-05.50 3
7 Lohse, Brett	Windom Area	16-11.50 2
8 Xaisongkham, CJ	Luverne	16-11.00 1
9 Marron, Sean	Marshall	16-09.00
10 Phommaracksa, Erick	Luverne	16-07.50
11 Lothert, Dan	Redwood Vall	16-05.75
12 Stark, Eric	Pipestone Ar	16-05.50
13 Johnson, Mike	Windom Area	16-05.00
14 Krekelberg, Ian	Worthington	16-04.50

Boys Triple Jump

Name	School	Finals
1 Pedersen, Travis	Worthington	42-10.50 10
2 Omot, Aduo	Worthington	40-07.00 8
3 Schultz, Aaron	Worthington	38-07.75 6

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Results**(Boys Triple Jump)**

Name	School	Finals	
4 Cable, Blake	Marshall	37-11.75	5
5 Novosad, Jacob	Marshall	36-07.50	4
6 Johnson, Mike	Windom Area	36-06.75	3
7 Schroeder, John	Redwood Vall	36-04.50	2
8 Grover, Josh	Marshall	36-01.25	1
9 Bucholz, Nick	Redwood Vall	35-04.25	
10 Fischer, Colin	Jackson Coun	34-07.25	
11 Lothert, Dan	Redwood Vall	34-03.00	
12 Schultz, Nathan	Jackson Coun	33-03.75	
13 Sorenson, Michael	Jackson Coun	32-08.50	

Boys Shot Put

Name	School	Finals	
1 Nelson, Jeff	Redwood Vall	45-06.25	10
2 Paskewitz, Kyle	Redwood Vall	45-03.00	8
3 Dooyema, Sam	Luverne	43-11.00	6
4 Pals, Taylor	Pipestone Ar	43-10.25	5
5 Rogers, Craig	Luverne	43-07.75	4
6 Sumption, Derek	Pipestone Ar	42-09.50	3
7 Houg, Ryan	Pipestone Ar	42-07.25	2
8 Wittrock, Josh	Marshall	41-04.75	1
9 Altman, Aaron	Luverne	41-00.25	
10 Hartzler, Brad	Jackson Coun	40-04.00	
11 Buschena, Matt	Jackson Coun	39-03.50	
12 Schrader, Joe	Marshall	38-09.00	
13 Connelly, Matt	Marshall	38-02.00	
14 Anderson, Brian	Redwood Vall	36-06.75	
15 Anderson, Robby	Windom Area	35-11.25	
16 Quiring, Bryce	Windom Area	35-03.50	
17 Skog, Steve	Worthington	34-07.50	
18 Bannister, Jarek	Jackson Coun	33-03.75	
19 Steffl, Jake	Worthington	32-03.25	
20 Ailts, Travis	Worthington	30-08.50	

Boys Discus Throw

Name	School	Finals	
1 Sumption, Derek	Pipestone Ar	139-06	10
2 Houg, Ryan	Pipestone Ar	134-03	8
3 Altman, Aaron	Luverne	130-07	6
4 Grabau, Robert	Marshall	129-01	5
5 Noble, Lee	Marshall	123-11	4
6 Quiring, Bryce	Windom Area	122-07	3
7 Pals, Taylor	Pipestone Ar	120-01	2
8 Paskewitz, Kyle	Redwood Vall	119-10	1
9 Dooyema, Sam	Luverne	119-00	
10 Skog, Steve	Worthington	114-09	
11 Rogers, Craig	Luverne	113-00	
12 Wittrock, Josh	Marshall	109-02	
13 Senger, Joseph	Redwood Vall	108-03	
14 Pohlen, Camron	Redwood Vall	107-00	
15 Hartzler, Brad	Jackson Coun	104-01	
16 Steffl, Jake	Worthington	96-01	
16 Buschena, Matt	Jackson Coun	96-01	
18 Pierson, Max	Worthington	89-08	

19 Bannister, Jarek	Jackson Coun	82-10
20 Anderson, Robby	Windom Area	80-02

Women - Team Rankings - 18 Events Scored

1) Pipestone Area	140.5
2) Marshall	114
3) Luverne	109.5
4) Windom Area	103.5
5) Worthington	95
6) Redwood Valley	79
7) Jackson County Central	54.5

Men - Team Rankings - 18 Events Scored

1) Redwood Valley	192.5
2) Marshall	148
3) Worthington	111
4) Pipestone Area	102.5
5) Luverne	69
6) Jackson County Central	37
7) Windom Area	29